

## STUDENT PERMISSION FORM



### SNAP: School Nutrition and Activity Project

Jennifer Taylor or her research assistants have told me why this study is being done.

If I am in this in this study, I will be asked to fill out a questionnaire on the foods I eat and the activities I do. This will take about 15-20 minutes. I will also have my height and weight measured in a separate PRIVATE area. I will not be told what my height or weight is, and no one will see my measurements other than the researchers. All students in Grade 5 and 6 in PEI who agree and who have permission from their parents will be measured. Researchers will use this information to understand how schools can help students to be healthy.

My name will not be used in the research. They will use a code number instead. Only the researchers will see my answers. Other people will not find out my results.

My survey will be kept in locked cabinets at the University of Prince Edward Island. Only Jennifer Taylor and her assistants can see my answers.

I understand that **I don't have to be in this study if I don't want to**. I can quit the study any time. Nothing bad will happen if I say I don't want to be in the study.

If I have any questions, I can ask my parents/guardians and they can call Jennifer Taylor (University of Prince Edward Island) at 902-566-0475.

I will keep one copy of this form for my records.

By signing below, I am showing that I want to be in the study.

Signature of student \_\_\_\_\_ Date \_\_\_\_\_